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Hair Loss Treatment- If You Have Alopecia Aerata?

Alopecia Aerata is one of the common reasons of hair loss. This is an autoimmune disorder in which the body destroys its own hair.

hair, hair care, hair loss, alopecia aerata, treatment, minoxidil, steroids, anthralin,

Alopecia Aerata is one of the common reasons of hair loss. This is an autoimmune disorder in which the body destroys its own hair. The hair is lost in coin sized patches and then comes back after some months or years. The pattern of loss and re-growth is unpredictable. Many people lose all the hair due to Alopecia Aerata. What treatment options are available? Let us discuss them so that you get your hair back as early as possible.

Minoxidil-

Minoxidil solution is a proven therapy for hair loss of this type. Once you begin applying minoxidil, you may see your hair growing again after about three months. You should consult your doctor about the strength of minoxidil solution that you should use.

Steroids-

Steroids can help regain hair in alopecia aearata. Your doctor will inject steroid on the balding patch. Topical application of steroids is not effective. Oral steroids may cause side effects. That is why steroids are always injected in the balding patch. Though the injections effective, they are painful.

Anthralin- this is an immunomodulator. It is a tar like substance and is applied for an hour and then washed away. Your doctor may combine more than one treatment for you.

All of these are proven methods. Trying natural or miracle products will only make you lose your precious money. Use time tested and science-backed solutions for hair loss.

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